

## Facelift Surgery (also known as Rhytidectomy)

If you are bothered by signs of aging in your face, a facelift may be right for you. Technically known as Rhytidectomy, a facelift is a surgical procedure that visibly improves signs of aging in the face and neck, such as the following:

- ▶ Sagging in the midface;
- ▶ Deep creases beneath the lower eyelids;
- ▶ Deep creases along the nose to the corner of the mouth;
- ▶ Facial and neck fat that has fallen or has been displaced;
- ▶ Loss of muscle tone in the lower face resulting in jowls;
- ▶ Loose skin and excess fatty deposits under the chin and jaw resulting in the appearance of a double chin.

Rejuvenation procedures are often also performed in conjunction with a facelift. Such procedures include a brow lift to correct a sagging or deeply furrowed brow, as well as eyelid surgery to rejuvenate aging eyes.



Before Facelift

After Facelift

### What Facelifts Will Not Do:

As a restorative surgery, a facelift does not change your fundamental appearance and cannot stop the aging process.

### Is a Facelift for You?

A facelift can only be performed surgically; non-surgical rejuvenation treatments like Botox and other wrinkle fillers cannot achieve the same results, although they may help extend the time before a facelift is appropriate. Fillers can also complement the results of a facelift surgery, providing an optimal outcome in our overall appearance. Facelift surgery is a highly individualized procedure, and one you should only do for yourself, not to fulfill someone else's desires to try to fit any sort of ideal image.

Facelift surgery is a good option for you if:

- You are physically healthy
- You do not smoke
- You have a positive outlook and specific, but realistic goals in mind for the improvement of your appearance

To schedule an appointment with Dr. Michele Zormeier to see if a Facelift Surgery is right for you, please call 317-414-3000 or email [zormeiermichele@yahoo.com](mailto:zormeiermichele@yahoo.com).

